

Delta High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch A: BBQ Pork on Bun	Lunch A: Soft Shell Taco w/ Meat, Cheese, Lettuce & Diced Tomato	Lunch A: Chicken Bowl	Lunch A: Spaghetti w/ Meat Sauce & Garlic Breadstick	Lunch A: Big Daddy Cheese Pizza
Lunch B: Hamburger or Cheeseburger on Bun w/Sandwich Toppings	Lunch B: Ham, Turkey & Cheese Sub w/ Sandwich Toppings	Lunch B: Big Daddy Pepperoni Pizza	Lunch B: Breaded Chicken Sandwich, Reg or Spicy w/ Sandwich Toppings	Lunch B: Fish Sandwich
Sides: French Fries, Cole Slaw, Fruit & Milk	Sides: Refried Beans, Carrots, Fruit & Milk	Side: Mashed Potatoes, Corn, Cucumber Slices, Fruit, Juice, & Milk	Side: Tossed Salad, Fruit & Milk	Side: Green Beans, Celery Sticks, Fruit & Milk
	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	
Lunch A: Brunch for Lunch, French Toast Sticks, Sausage, Syrup	Lunch A: Nacho's w/ Meat & Cheese Sauce & Salsa	Lunch A: Chicken Parmesan w/Spaghetti	Lunch A: Macaroni & Cheese, Dinner Roll	Lunch A: Cheese Filled Breadsticks w/ Marinara
Lunch B: Hamburger or Cheeseburger on Bun w/Sandwich Toppings	Lunch B: Ham, Turkey & Cheese Sub W/ Sandwich Toppings	Lunch B: Pepperoni Pizza	Lunch B: Breaded Chicken Sandwich, Reg or Spicy w/ Sandwich Toppings	Lunch B: Fish Sandwich
Side: Potato Tots, Fruit & Milk	Side: Seasoned Refried Beans, Cucumber Slices, Fruit & Milk	Side: Cauliflower, Carrots, Fruit, Juice & Milk	Side: Tossed Salad, Fruit, Juice & Milk	Side: Steamed Broccoli, Fruit & Milk
	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	
Lunch A: Cup of Chili w/ Scoops	Lunch A: Chicken Fajita w/ Roasted Red Peppers & Onions	Lunch A: Italian Meatball Sub	Lunch A: Chicken Alfredo	Lunch A: Calzone
Lunch B: Hamburger or Cheeseburger on Bun w/Sandwich Toppings	Lunch B: Ham, Turkey & Cheese Sub w/ Sandwich Toppings	Lunch B: Big Daddy Pepperoni Pizza	Lunch B: Breaded Chicken Sandwich, Reg or Spicy w/ Sandwich Toppings	Lunch B: Fish Sandwich
Side: Crinkle Fries, Carrots, Fruit & Milk	Side: Fresh Cauliflower, Red Peppers, Fruit & Milk	Side: Baked Beans, Cucumber Slices, Fruit, Juice & Milk	Side: Tossed Salad, Fruit & Milk	Side: Fries, Green Beans, Fruit, Juice & Milk
	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	
Lunch A: Breakfast Sandwich on Muffin w/ Egg, Sausage & Cheese	Lunch A: Walking Taco w/ Meat & Cheese	Lunch A: Chicken Strip Wrap w/ Reg. or Spicy Chicken, Sandwich Toppings	Lunch A: Rotini w/ Meat Sauce	Lunch A: French Bread Cheese Pizza
Lunch B: Hamburger or Cheeseburger on Bun w/Sandwich Toppings	Lunch B: Ham, Turkey & Cheese Sub w/ Sandwich Toppings	Lunch B: Pepperoni Pizza	Lunch B: Breaded Chicken Sandwich, Reg or Spicy w/ Sandwich Toppings	Lunch B: Fish Sandwich
Side: Seasoned Hash Browns, Fruit & Milk	Side: Seasoned Black Beans, Baby Carrots, Fruit, Juice & Milk	Side: Cauliflower, Broccoli, Fruit & Milk	Side: Tossed Salad, Baby Carrots, Fruit, Juice & Milk	Side: Crinkle Fries, Coleslaw, Fruit & Milk
	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	Lunch C: Grab & Go Uncrustable Meal w/Fruit & Vegetable	

MEAL PRICING

Student Breakfast - \$1.75
Reduced Breakfast - \$0.00
Free Breakfast - \$0.00
Student Lunch - \$3.50
Reduced Lunch - \$0.00
Free Lunch - \$0.00
Milk Only - \$0.55

Adult Breakfast - \$2.50
Adult Lunch - \$4.50

Lunch options A, B, & C available during ALL Lunch Periods

Grab & Go Chef Salads offered on Wednesday's

Condiment options, Ranch, Salsa, Ketchup, Mustard, Mayo, Tartar Sauce, BBQ Sauce. Sandwich Toppings: sliced tomatoes, sliced onions, pickles.

All Students MUST take a Fruit or Vegetable to have a complete meal.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Free & reduced meal applications along with Payforit are available at www.pdys.org

Fruit and Milk choices offered at breakfast & lunch.

Breakfast Options	Breakfast Options	Breakfast Options	Breakfast Options	Breakfast Options
Apple Cinnamon Bar, Banana Chunk Bar, Waffles or Bagel w/ Cream Cheese	Egg & Cheese Wrap, Cinnamon Mini, Pop-Tart or Bagel w/ Cream Cheese	Yogurt Cup w/ Blueberries & Strawberries, Strudel Bar, Pancake Wrap or Bagel w/ Cream Cheese	Scrambled Eggs w/ Muffin, Breakfast Pizza or Bagel w/ Cream Cheese	Fresh Warm Cinnamon Roll, Chocolate Donuts or Bagel w/ Cream Cheese

August '23							September '23							October '23							November '23							December '23						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
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6	7	8	9	10	11	12	8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
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27	28	29	30	31			29	30	31					29	30	31					26	27	28	29	30			24	25	26	27	28	29	30
January '24							February '24							March '24							April '24							May '24						
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa
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28	29	30	31				29	30	31					29	30	31					28	29	30					26	27	28	29	30	31	

Follow the menu with the colored calendar.

Menus are subject to change.